

Bring your **BIG IDEA to Life**

Your Goof-proof Project Plan Workbook



Created by Nikki Fryn
Awareness Coach & Productivity Strategist

Hi there, big dreamer, I'm so happy you found this treasure.

Creative thinkers like us come up with exciting new ideas all the time but often get blocked when it comes to putting them into action. **When I'm stepping out of my comfort zone with a hairy, scary BIG IDEA, just trying to work out where to begin can get me stuck.** Well, you've found the answer, so **you'll be stuck no more!** I'm here to help you **make a step-by-step project plan to turn that BIG IDEA of yours into a reality.**

I find this elegant model to be both **simple and powerful**, and it has helped me immeasurably, to **plan and complete many projects.** In fact, this workbook is one.

I am grateful to have learned the basics of this process from Pamela Slim & Rob Young, at their World Domination Summit Academy: *Sort it, Plan it, Ship it* in 2015. Since that 3 hour workshop, I've been inspired to refine and share the model with you in this workbook. If this process is only half as powerful for you as it has been for me, you'll already be well on your way.

Now go grab some 2" x 1.5" post-it notes - the little ones :) & a pen or to, a printed copy of this document, and you're on your way! Your project or dream may be complex or quite simple, difficult or easy, and with this process you'll easily **break your BIG IDEA down to relevant and achievable steps, creating a clear plan to bring it to life.**

Just 10 pages from now, **you'll be done, and you'll have a list of each and every action required, where to find support and a timeline to follow.** Be sure keep the original file somewhere safe, so after you've brought this one to life, you can use this simple process for your next **BIG IDEA.**

Here's to the unstoppable You! - Nikki Fryn

You'll find others working on their own BIG IDEAS in our friendly community of doers and motivators. You're welcome to join our tribe, to get the help you need. We all deserve support, & you don't have to do this alone.

Click here to join the Motivating Motion community



Your Big Idea is:

Describe it here in more detail:

Challenges?!?

What makes you hesitate to begin?

Brainstorm 5 strategies to overcome your hesitations?

You're not Just an Entrepreneur. You Wear all the Hats

YOU

Entrepreneur

Manager

Technician

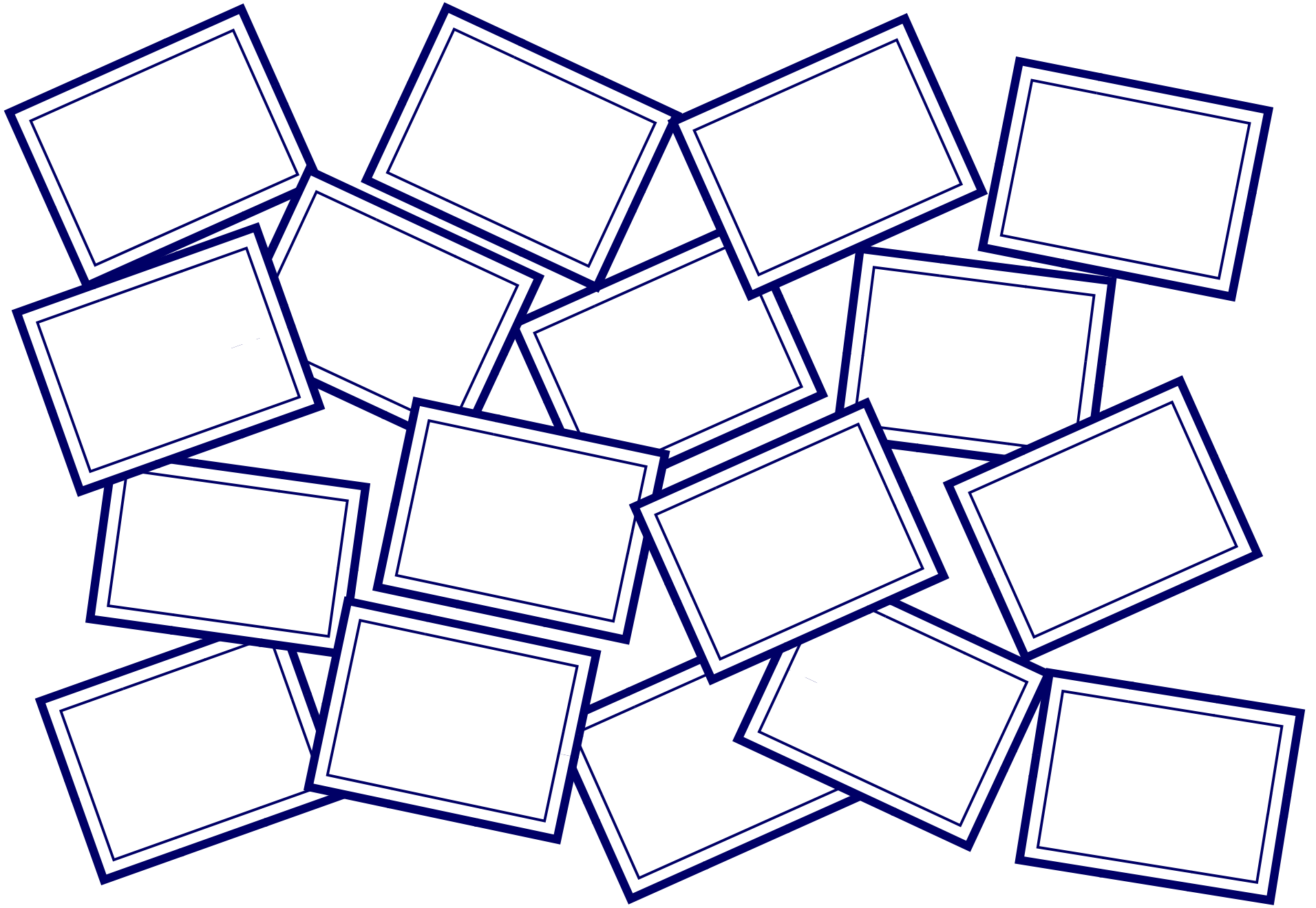
List above the types of tasks you do when you're working in each role

Your Vision

Describe your clear vision for your idea in the world:

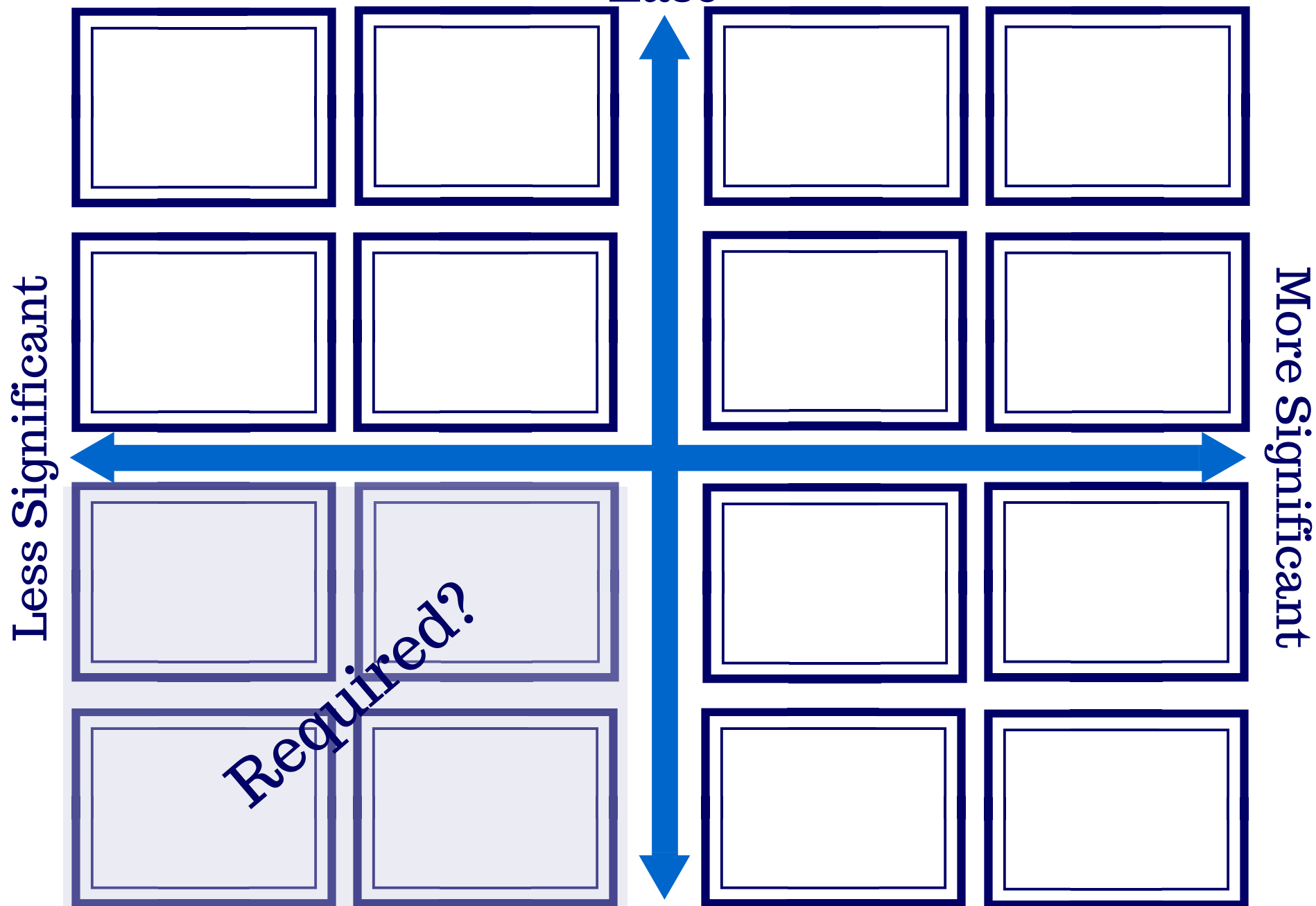
What potential impacts excite you about this idea?

Get out your post-its, and list all the actions you will take to achieve this. Aim for progress, not perfection... Simply brainstorm all the tasks that come to mind.



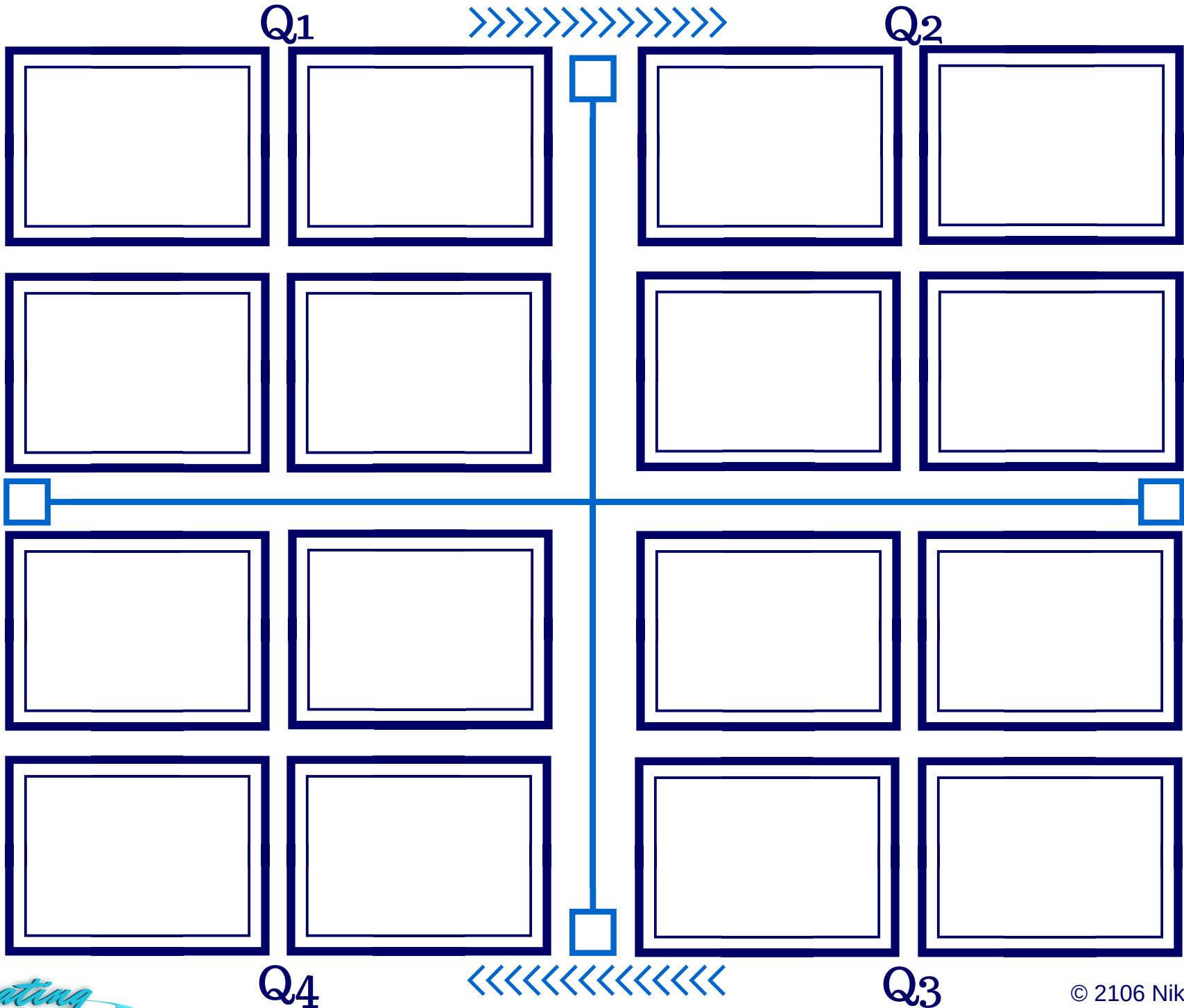
Critical Path Events

Ease



Struggle

Timeline



Breakdown each task in your first Critical Step



First Critical Step

List the Micro Steps. Each will be a physical action you can take

1.

.....

.....

2.

.....

.....

3.

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<p>Next Critical Step</p> <p>Now, Rinse & Repeat for each Critical Step</p>
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We all need some help from our friends

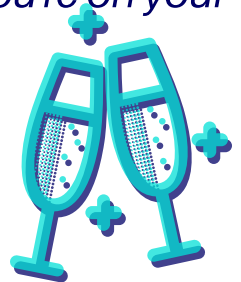
Useful or Supportive Resources:

1. **MOTIVATING MOTION FB COMMUNITY**
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2.
3.
4.
5.
6.
7.
8.

Congratulations! You've completed the workbook & created a step-by-step project plan to bring your **BIG IDEA** to life, proving that you're someone who gets things done! This was the hardest part, now you're on your way

Come inspire others and share your **BIG IDEA** in the Motivating Motion Community.

And then it's time to get moving, and to bring your **BIG IDEA** into reality!



If you'd like expert help to create your plan, or you're ready to get support to bring your **BIG IDEA** to life, reach out to me, Nikki at MotivatingMotion.com